

ILLUSTRATED FASHIONS



of course, cling to belt of yellow satin. rich and glistening | Generally the skirts for bridesmaids are

will be favored, too, and, in general, wed- long sleeves may be worn, as suits the Gossip Concerning Presidency of ding gowns are not as severe and simple fancy. Sometimes soft cloths are chosen as they were during the winter. Especially | for these gowns, usually wool crepe de is this last true of the gowns in the sheer | chine, etamine, nun's veiling or wool canmaterials, for on these one may put as vas. One handsome wedding had the bride much trimming as she chooses. Skirts of dressed in cream white peau de soie, beausuch materials are finished elaborately | tifully trimmed with lace ruffles and apwith handsome lace flounces, sometimes | plications of the same, the bridesmaids in three and four covering a skirt, while oth- | wedgewood blue nun's veiling cowns, with ers may have a deep Spanish flounce of | hats of the same color, trimmed with corn lace with a handsome lace yoke at the flowers and green foliage. At another wedskirt's top. Tucking, shirring, smocking, ding the bridesmaids were white, with gold an art (cooking is new called an art) in hemstitching and fagoting are all used, tissue ribbon trimmings, the hats of white and most gowns are made over handsome | tulle, trimmed with white roses and the cream silk foundations. The new peau de tissue ribbon. Fringe in narrow widths is sole comes in a beautiful rich cream shade, used like lace for edging narrow ruffles in and is the most favored of all materials for thin gowns, and in wider widths for sash wedding gowns. It makes up beautifully ends. It is also used for edging fichu and and will stand any amount of tucking, lace and embroidered collars. Dotted white

APPY brides are go- gave the belt and bolero trimming. The fabrics for their veiling, over slik to match, with trimming wedding gowns, of white chiffon and yellow lace. The gown and the costumes seen from the rear was yellow gauze, with black silk. Black taffeta and Louisine gain in grace by white chiffon ruffles on the skirt, fichu the change. Some, cape of cream lace and Irish crochet and than they were last season. Three-quarter Philadelphia Times.

satin, with its usu- rather plainly trimmed with ruffles or al trimming of tucks, sometimes with both, and are quite lace, but more pre- full at the bottom. Bodices blouse and | 1 fer the more dainty are finished with sashes of some delicateand youthful chif- colored ribbon. Yoke finish is almost infons, satin crepes variable, and the fichu cape effect in handand the new, softly some lace is frequent. Then, not a few MEN ARE TAKING FEMININE woven, glistening dresses are made with little silk or lace peau de sole. Cos- | boleros, trimmed with some pretty shade tumes that suggest of panne velvet and handsome buttons, old-time fashions with lace frill around the edge. Elbow or



AS GUESTS MAY APPEAR. shirring or applique work. Many gowns of muslin, trimmed with yellow lace over pink, this material are beautifully embroidered is very dainty. The lace is employed very In white silk floss and seed pearls, others | lavishly. Muslin or dimity stirts are made | ment in many a New York fashionable are appliqued with chiffon orange blossoms over silk foundations, and drave petticoats kitchen. and foliage. The bride's gown of the ac- of accordion-plaited chiffon. Hats are companying sketches was cream peau de large and on the picture order. soie, the skirt finished with four cream duchesse lace ruffles. A yoke effect of the lace and white chiffon fichu drapery were on the bodice. White Louisine satin ribbon gave the belt and trimmed the sleeves. The

Waists of bride's gowns have yoke finish, as a rule, and many are completed with a handsome fichu of lace or chiffon trimmed with lace. Elbow sleeves are the rule, although long sleeves may be worn if desired, but the former are beautifully made and trimmed. The fronts and sides of skirts touch the ground and the handsome train is usually untrimmed. Sashes of white or cream satin ribbon are worn, these sometimes edged with handsome silk fringe or finished with a ruching of chiffon. Dead white is not fashionable for brides' dresses, the deep cream tints seeming to be favorites. Veils are of point lace or very fine tulle, usually fastened with a spray of orange blossoms. Sprays of the blossoms may be tucked in at the belt or worn at the bust. Knots of ribbon are placed at the bust also. There is a noticeable absence of absolute rules, and the wedding gown that is sheer and handsomely trimmed with fine lace will pass. Nainsook petticoats worn beneath the skirts are almost as elaborate as the outside skirts. China silk petticoats beautifully trimmed with lace ruffles and inser-

tion are a fine choice The going away gown may be of any of the soft cloths, and later linen will take the place of cloth for traveling. The current gowns usually are trimmed with stitched bands of silk or cloth, have blousey Eton or bolero jackets and are finished with a sailor collar of the goods, white moire silk or handsome lace and embroidery. Tans, tiscuits, light grays and wedgewood blue are favorite colors. In the initial picture is an example of these dresses. a light gray ctamine over silk to match. Stitched bands of gray silk trimmed it. The colors just mentioned will be used for linen gowns, too, besides a very pretty delicate green that is not worn for this purpose in cloth. Etamine and wool canvas made over silk to match are often chosen, and fine light-weight broadcloth and cheviot are well liked. Traveling gowns are tailor made, but not on the very dressy

order. The stylish bride's outfit is incomplete without a long or three-quarter coat of black taffeta, moire or peau de soie. This is used as a dust cloak, and may be perfectly plain but for a handsome lace or embreidered collar. Some are piped with red, white, green and light blue satin, and

these are very prettly finished. Bridesmaids' dresses may be of almost duchess lace outlined with a black jetted any of the sheer materials in either plain | chiffon ruffle, and with ruffles of white colors or figures. A beautiful soft silk lace for sleeves. called quicksliver will be worn by many. It has a glimmer that suggests its name and makes up beautifully when trimmed ly is on the blouse order, and the sleeves with ivory panne velvet and gold tissue are either flowing or made with a puff just ribbon, with pink button roses. Armure below the elbow, ending in a deep, close- a woman cook always, but for the elab- keep on talking. Most men speakers have brilliante is a pretty crinkled silk that is fitting cuff. This fashion is traceable orate varieties give me a chef. used. The maid of honor and the brides- readily in cloth in delicate colors, in taffemaids often are in white, the latter with ta, Louisine and moire silks and in nun's plain cooking. A fashionable menu, on for interminability, I admire it also and adthe throat, bust and waist line. If figured | that appeals to every woman who considor flowered materials are worn the ground ers the weight of her clothing. Suits of names, and it takes a chef to produce men still keep on their feet would seem to is always white, the foundation and trim- this material are especially desirable for them. I always employ a chef during the argue they had learned, and so in truth, ming matching some color in the design. summer. Fine silk poplin, canvas and silk, Pink, blue, delicate green, wedgewood blue | together with the whole list of transparent | woman. and very delicate yellow are the shades fabrics, are much in favor, and foulards chosen. Of the three bridesmaids' dresses are not much in evidence. Nut-brown the negro dividing honors as to numbers delight in open conflict, help him here. He in to-day's second picture the skirt of the veiling is shown extensively, and as many and accomplishments, the scale dipping in is essentially a fighter, he hits from the left-hand one was white chiffon over pale of the new trimmings in ecru, cream and favor of the Milesian. The Swedish woman shoulder. Wemen defer and apologize and pink silk, its bodice was all-over ecru lace, white combinations are especially effective | scarce.

There is no general rule that applies to guests' gowns unless it is that they should broken by a comparatively plain gown that possesses novelty in good degree. Dress ding is sure to be marked by great vacation, except it be that each woman has striven to outdo the others. In to-day's of this order. The first was sketched in tilly, the sleeves similarly treated. The belt was black satin, knotted at the back white tulle, flowered in pale yellow, and pression that it was bedtime. made with front panel and liberal trim- getting up an elaborate meal than does a ming of yellow lace. Last is a black jetted | woman cook, who usually is more bent on



FOR BALDES AND BRIDESMAIDS

In dresses for other than occasional use,

net over white silk, with yoke of white an elimination than a multiplication of dishes, and he is apt to be more intelligent and better able to take entire charge his accounts straight. Any chef worthy the name usually attends to the marketing and himself suggests appetizing bills of

doing it for him. "For plain, wholesome cooking." another dame of the smart set, "I prefer "The rich New Yorker, as you very well know, is not expected to set before guests

grouping of complex and rare dishes, not the least wonderful part of which is their

The French woman cook is remarkably

purchasers. Skirts are close fitting as to hips, and abundant fullness around the to man and beat him at the game, too, there certainly ought to be as many taifeet is obtained in various ways. Some ented women cooks as there are chefs; get it by ruffles and deep flounces tucked | neveretheless, the unvarnished fact is that, down from the top and by adding panels of as a rule, the women who pursue that calling are by no means the equals in inthe material at each seam of a gored skirt. telligence or talent of the majority of their Other skirts show two medium-width ruf | fellow-workers of the other sex.

Princess and double skirts are seen occa- inventive faculty which distinguishes so sionally, and the materials are always many chefs. very handsome. The princess models often only certain dishes, and these are invariare of handsome black, white or cream ably prepared in the same way. When her ing in for soft, thin gown next this was wedgewood blue nun's tulle, net or lace, finished with cream lace surfcited mistress craves a novelty she yokes and elbow sleeves. Double skirts risk of giving mortal offense to the preare of the new summer weight velvet or | siding genius of the kitchen.'

LAURELS IN DOMESTIC FIELD.

fles edged with lace and an upper skirt in

coats and skirts are to be more stylish

attractive in every way than they were.

New York, April 1.

tunic form finished like the flounces. women cooks," summed up a housekeeper of thirty years' experience, "is lack of the

Club Federation-Art of Public Speaking-Here and There.

Women cooks as well as men cooks are unknown and the sex is losing ground in which it might be expected, says the New easily excel.

"A woman who knows how to cook well," said an expert in domestic economy, "can make more money in a year than can a water before meals. Sleep eight or ten | school teacher or the rank and file of music teachers, stenographers or writers; but for all that women are remarkably in- Nothing is so injurious. Insomnia is selfdifferent to the advantages of the situation | inflicted and no opiate can remove the added when the breads are made with and supinely allow the chef to march in and take the best pickings."

taurant of international renown: "We Slowly from the heels and descend slowly. Do this from forty to fifty times. A bowl meal breads to correct the slightly bitter the quarter. For the half, divide contents taurant however humble in this city minus a chef.

At several of the leading hotels, to be sure, the corps of chefs is reinforced by two or three women, but they are employed solely to cook vegetables-the least menu.

"Frenchmen predominate in the list of New York's accomplished chefs," remarked cult to explain French cooks are gifted with a remarkable delicacy of taste, as well as of touch, which makes them douthe saving that an Englishman gives you something good to eat, the Frenchman then up above the head again. Movement applicable to the New York chef, not the reproduce favorite American dishes and an | done so quickly the arms seem like a wheel. eagerness to try any new recipe. For Reverse motion, bringing arms from back sauces and seasoning, in my opinion, he to front. The daily bath and massage plays the night. In winter time this is not diffican't be outdone

French, and there are chefs of other naionalities, including American, who are much in demand over here. The American man, however, is not keen about cooking for a living, realizing probably that he has very little talent in that direction. The Japanese chef, who, by the way, is giving high satisfaction in the Western States, is forging his way into New York, and if the present partiality for chefs continues before long he will doubtless find employ-

tionality, need never be out of a job one merits of the man and the woman cook dress elaborately. Even this rule may be thoughtfully remarked that for great occasions she found the chef the more reliable cooks," she confided, "both men and womfashions rarely are less confined than they | en, have been afflicted with paroxysms of now are, so the gathering at a stylish wed- intemperance, but I will say this for the occasion, whereas the women seemed periety and richness of attire. So, too, it is | culiarly liable to an attack of the malady impossible to note points of general appli- at the most inopportune moments. I reconcluding picture are three model gowns | set for the arrival of my guests to a formal dinner party, and several of my friends black peau de soie, with yoke of Irish cro- In one case, for example, the cook was not chet, banded with black and white chan- only found helplessly drunk a short time before the dinner hour, but, to make mat ity she had taken the precaution to dump with short ends. The second gown was the kitchen fire, presumably under the im-

"A chef, as a rule, takes more pride in

of the kitchen, do the marketing and keep | tainly be elected." whether one has a coat or bodice, it usual- fare instead of insisting on his employer Cella Parker Woolley, in the Pilgrim. It sounds absurd, but the art of public

'The chief fault with even the best of

For the Thin Woman.

length taffeta coats are prettier and more The thin woman has her laws and rules to live up to as faithfully as her stout sisters. The general health must have the best attention. If emaciation is caused from a prolonged illness the recuperation may be slow, and as the strength returns the exercise and diet herewith laid down may be taken up gradually to hasten the return of the natural flesh. There are many ailments that result in illness of the mind, heart and nerves, of which the person is never fully aware; that is, they never realize they are keeping the body bility to build up lost vitality. The discontented, worrisome, fretful, sleepless, nervtemper. "Nothing," says a good authority, "will make you so angular or give the face such an undesirable look as the free indul- nice appetizer. But fruit, cereal, cream, liquid will give a stiff dough. gence of the will. To permit the imagina- the light, hot bread and, perhaps, baked weakened nerves, bad tempers and worse or creamed potatoes, with a delicious cup powder must be shaken up lightly or sifted well paid, and yet, strange to say, such a dispositions, until the every-day life is a of coffee, will satisfy, while they do not before they are measured. This is done in

emaciated women without grace or a sin-

gle symmetrical line.

containing starch and sugar-potatoes, corn, beans, peas, macaroni, spaghetti, fish York Commercial Advertiser, they could and meats of all kinds in moderation, soups sweetened, dessert without pastry. Drink water at meals. Avoid salads and all acids, salt meats and fish. Drink a glass of hot ten or twenty-minute nap in the afternoon. Never take a narcotic to produce sleep. cause, which is worry, overwork or over-Said the manager of a Flfth-avenue res- simple exercise is: Stand erect and rise that adding a little sugar to yellow cornslowly from the heels and descend slowly. never employ a woman cook. All the of hot milk without the "bite" will prove taste sometimes noticeable, but do not of the spoon lengthwise with a knife and producer than any opiate a petter sieen known to medical science. Deep preathing expands the chest and develops the bust, served in every first-class restaurant, and, arms and shoulders. Warm baths are in- der and are apt to taste "eggy," while at and acress the quarter to get an eighth. in fact, it would be difficult to find a res- ducing to flesh, with a cold plunge. A few the same time you are needlessly extrava- A cupful of dry material is a cup filled, exercises to be practiced daily are: For broadening the chest: Stretch the swing them backward until back of hands touch behind the body, if possible; practice

> until it is possible To fill the hollow of the neck above the collar bone: Raise the arms at the side of the body on a level with the shoulder. stretch as far as possible; then move in a circle, never dipping below the level of the | small breakfast breads, as the work can

Another is: Let the arms hang relaxed at a Fifth-avenue boniface, "and generally the side; raise the shoulders as high as process of fermentation will give a very they are favorites. For some reason diffi- possible, then forward, down and backward, forming a circle; continue a few mo-

then raise them above the head, bring them backward and down to the side, something good to look at, but it is hardly should be slow and even, bringing the arms as far backward as possible. Gradually inand go hand in hand with the exercises.

Federation Politics. New York Tribune. known in club circles. "That is the question that is passing from lip to lip among clubwomen. Mrs. Decker, it is said by those who know, has been a presidential possibility in the federation for the last club horizon before the Denver biennial she has been talked of for president. The warmest time that the General Fedtion of president at the Denver bieninal four years ago. Mrs. Alice Ives Breed, of Lynn, Mass., the first vice president, wanted, it is said, to be president. Mrs. Charles Henrotin, of Chicago, the president, was determined that she should not hold that West as a section not yet recognized and began to 'groom' Mrs. Decker for the presdency. Some of Mrs. Breed's friends thereupon began to say unpleasant things about ess city putting forward a candidate. Some of these things got into the paper: and then the Denver women, previously in- and disconcerts them where it puts men on Mrs. Henrotin arrived in Denver again, the day before the biennial was to open. it was to contess regretfully that she had and women like Dr. Hale, Booker T. Washfound no candidate. She had approached a lington, Seton Thompson, Mrs. Ballington well-known St. Louis woman, and another | Booth and Jane Adams, because we know from Kentucky, but both had refused, their work. Each has a message to deliver

Mrs. Helmuth, of New York, was a possi- and the message informs the style. bility, but Mrs. Henrotin was almost as opposed to her as she was to Mrs Breed. Mrs. Henrotin was a popular president. She had influence with clubs throughout the country, and it was evident that she would elect the president if she could find a candidate. It was then that a newspaper woman in the conference said: 'There are some Southern women over at the hotel who are pushing the claims of Mrs. Lowe, of Atlanta, for vice president.

think she would do for president?" "Yes, on consideration. Mrs. thought Mrs. Lowe would 'do.' The newspaper woman was sent to the hotel to confer with Mrs. J. Lindsay Johnson, of Georgia, and other Southern yomen. Within an hour the matter was arranged. The West, the South and the Northwest combined generally, and that was the way Mrs. Lowe came to be elected. Most of the women who voted for her had never seen or heard of her before they reached Den-

"At Milwaukee the presidency was once more offered to Mrs. Decker and once more | Western college or university are not a basket, which, by the way, before the close refused by her. Mrs. Lowe went in by default, although at the last moment some New England women, roused by the attitude of the South on the color question. secured the candidacy of Miss Evans, of Minnesota, a movement which resulted in a fiasco. The consent of Mrs. Dimies T. Denison, of this city, to accept the vice but because they are here at all there hold its own in the tremendous competipresidency roused a good deal of feeling should be some system of guardianship. I tion it now has to face in the magazines of certain pledges and agreements previous- life things happen that ought not to hap- see to it that the people are not permitted "And now who is to be elected at Los Angeles? Mrs. Lowe's term expires by limitation. Mrs. Denison is first vice presi-

ly entered into by the delegation. dent, but she probably could not control her own delegation, a thing fatal to any candidate. Mrs. Helmuth has been made president of another great national organization. Miss Evans has again been suggested, but has come out in a statement to the press denying her candidacy. Mrs. Good Housekeeping. Decker has also been suggested and says nothing. Her friends think the time has come when she is willing to accept the

Women Who Speak in Public.

season of formal entertainments, and when | they have. A man can fence and parley the season is over I replace him with a give and take, better than a woman. His gift for after-dinner speech exceeds hers. Those aggressive qualities which impel him scarce in New York, the Irish woman and to conquer every obstacle and make him is next in popularity, but she, too, is carry on their public work with the tactics | this by its plumpness and lack of angularof the drawing room. I listened once in a lity. Then it is important to keep the teeth the boleso white moire silk. Pink velvet with brown, most likely it will find many According to the up-to-date principle that religious convention to a popular preacher, in good condition so that there will be no

A Lesson in Economy

In many families hot breads of some kind | of the preparation, with the greatest active, outdoor calling should indulge in the of dishes, to a plain dinner.

Remember that breakfast breads should be as plain and simple as possible, and are hours in a well-ventilated room and take a breads, not cakes. They should have very This applies to flour, sugar, baking powder, little shortening, only just enough to make | salt, butter, etc. A heaping spoonful is tender crumbs and crust-a little more sometimes called for; this means as much anxiety. Physical culture exercises will water than when mixed with milk. Do not bring relief and sleep will soon follow. A sweeten them, though it should be said drawing a case knife across the top. It is eggs in your muffins. They are not so tengant, for these small breads do not need but not packed, and the top leveled off with arms in front of the body, palms together; the addition of the eggs to lighten them, the knife. the amount of yeast or baking powder used being quite sufficient to raise their slight rections mean as much as cup or spoon

Baking powder is given the preference in most households for the raising of these shoulder, the circle not to be more than six be done more quickly and with less labor. The chemical action of the yeast in the To strengthen the muscles of the bust and | vor is very agreeable to every one. But in order to have your yeast breads ready for with a spatula or wooden spoon. Then the oven as soon as you begin prepara- mix gradually into the flour enough milk tions for the breakfast means that it must or water to make a soft dough. Mix well be in the pans, ready, as soon as the oven and turn out on a floured breadboard. Do is heated. This makes it necessary to make | not knead it, but roll out into a sheet about least of whose talents is the ability to crease rapidity until the movements are and mold them the night before, placing an inch thick and cut into biscuit with a them where they rise very slowly through | small round cutter. Place in greased baka great part in the development of the body | cult, but in warm weather, unless the | twenty minutes. dough is placed on ice, it is apt to get too

light and the bread will be sour. Baking powders do not change the flavor | Measure two cups of sifted flour and sift of the flour if the powders are good. The heat of the oven does, of course, but the sugar in the flour, except near the surface, stir in gradually the milk and egg, mixing is unchanged, and there is no possibility, to a smooth batter. Then stir in a tabletherefore, of acetic acid and consequently spoonful of melted butter. Whip the

sour bread when using baking powder. that the success of her cooking, and most on her measuring all materials, especially utes.

the solids and liquids, which form the base I another clergyman at my side. The speaker poured out a stream of flowery metaphor, the mental results received to my friend. know of no one," he made felicitous reply. "who understands the mechanics of speechmaking better than Brother -The mechanics of their new-found trade is something few women have as yet mastered, but the substance of their talk on the platform is. I think, better than most men's. Women are quicker to sense their audiences than men, to catch the least sign of weariness or dissent. Opposition scares their metal, stimulates them to overcome. In the days of Mrs. Livermore and Anna with the best, but oratory is a lost art, and nobody is very sorry. The public speaker better grounds. We flock to listen to men

The University Girl.

server is the extraordinary independence of the university girl. It is the rarest thing in the world for a father or mother to come with a daughter and see that she They want the South recognized. Do you is suitably lodged and properly started in her university life. I am told that when these exceptional parents do come they are apt to think that the president of the university should personally superintend the selection of lodgings. Ordinarily the platform of a trolley car and near the end girl finds her own quarters and manages of the line the motorman would stop and her own affairs. Her goings and comings, ! her hours, her companions, are all at her own disposal. * * * In the Eastern States, where women have only gained admission to the universities after a long struggle, they take their privileges seriously. They them the books the men had signified go to Radcliffe or Barnard for study, and not for fun. The women students in a picked lot. Seriousness is not absent by of last summer, had grown into a large any means, but frivolity is present, Girls and capacious clothes basket, even say they hate to graduate because | A prominent librarian in one of the cities they will have no more "good times." * * The girls who come to the univer- library of Northampton the other day, said: sity for amusement rather than for study are without doubt greatly in the minority. | make use of all such plans as this if it is to n the New York State delegation in view * * To be sure, in every condition of and the Sunday newspapers. It has got to pen. At the same time, a girl who is to forget that it is in the field and doing guarded during her years of irresponsibility | business every week day. may live a long life and go to her grave without a suspicion of what might have people that it has things they want and been her own capabilities in the way of it must make it as easy as possible for folly if she had been left to herself at that | them to get these things. It cannot afford

To Remove Varnish.

To sandpaper varnished furniture is a tedious job and I find a much quicker and presidency, and if this is so she will cer- more satisfactory way of removing varnish | New York World. and paint is to scrub the surface with a water add enough common washing soda to | and who made a large sum out of the abis moistened with this, then let stand a few | investments. speaking consists largely in the ability to moments; it can be scrubbed off eastly (using the solution on the scrubbing brush.) there is but one step between popocracy All foreign material will be removed from and plutocracy, and so I took that step. this gift to wearisome perfection. Much as the wood and it will be just as it was I have suffered from this talent of theirs, turned out from the mill; rinse off with clear water and when dry it may be revarnished or anything else desired. One ada touch of color in velvet or satin ribbon at veiling, the last a specialty of the season the contrary, represents a marvelous mit it is a talent. Women have not yet vantage of this method is it leaves the learned to think on their feet; the fact that | edges clear cut instead of uneven and blunt as the sandpaper will do.

Remedies for Wrinkles.

Ladies' Home Journal One of the best preventives for wrinkles is to learn facial repose. Keep the body so well nourished that the face will share in the general well-being, giving evidence to Hot breads, if properly made, are healthful and inexpensive, and for breakfast take the place of higher-priced dishes *******************************

are considered a morning necessity, and in | curacy. Only long practice, accompanied all households they are enjoyed, if only | with best judgment, will permit her to venmust suggest it herself, at the awful as an occasional treat. Many housekeepers | ture to measure any of the ingredients with unaccustomed to the use of hot breakfast | the eye, and then it is but guess work, and breads imagine that a frequent indulgence | guessing takes more time than being sure in these is an extravagance and that their | one is right and going ahead. In the use making entails a great deal of extra work. | of seasonings and flavorings more latitude This is because the very few recipes they i is allowed to suit individual taste. Flours possess for making rolls, biscuits, muffins, vary somewhat in thickening properties, etc., are the most elaborate of their kind, and this makes it necessary that you have and intended for occasional rather than a knowledge of proper consistency of the everyday use. Hot breads are not extrava- batters and doughs in different recipes gant, because when fresh and hot from the given. Mixtures for quick breads are oven they are to many more appetizing and either batters or doughs. The mixture requite as satisfying as meat; and when | mains a batter as long as it is thin enough made of the entire wheat, or even a good to be beaten. Dough is flour moistened white flour, with the addition of dates, just enough to be molded or rolled out prunes or figs, and nuts, may well take easily and cut into shapes. For a thin or the place of meat for breakfast several pour-batter use one measure of liquid to times during the week, especially at this one and one-half measure of flour. Two and soul poor, robbing them of all possi- season of the year. If some members of measures, or a little more, of flour and one the family feel that their breakfast is not of liquid will make a drop batter. One ous or harassed woman always will be complete without a little meat every morn- | measure of liquid to two and two-thirds thin. The thin woman must not lose her ing, a little bacon, sliced thin and fried of flour will give a soft dough, and three crisp, will serve as a compromise, and a | (or a little more) measures of flour to one All dry materials like flour and baking

thing as a federation of women cooks is protest against fate, and we remain thin, give that feeling of overfulness and lassi- order to remove the lumps and incorporate tude the breakfast of fresh meat gives at | air into the flour, separating the particles The diet should be liberal and of foods this season. Only those who go to an ac- of starch, so there will be a finer, lighter and more even grain to the bread or cake. heavy breakfast, which in many families | All recent and approved cookbooks use the thickened with barley, fruits cooked and approaches very nearly in variety and class level spoon measure instead of the rounded, which, when measured carefully, is just double the quantity. The level spoonful is more exact and more quickly measured. as a spoon will hold. The spoons are filled with the dry material and leveled off by then very easy to get the half spoonful er across the half, allowing for the difference in width between the point next to handle,

When measuring liquids remember the diwill hold, not as much as can be carried without spilling.

In later lessons will be given a table of measures and rules for mixing and baking. Baking-power Biscuit. - Measure one quart of sifted flour into the flour sifter, add one teaspoonful of salt and four level different taste to your breads, as well as a | teaspoonfuls of baking powder and sift different texture to the crumb. This fla- all into a mixing bowl. Add two tablespoonfuls of butter and mix in thoroughly

Quick Muffins.-Separate two eggs and beat the yolks light. Add two cups of milk. again with two teaspoonfuls of baking powder and half a teaspoonful of salt. Then whites of the eggs to a stiff froth and fold One thing the beginner must understand- into the butter. Stir in quickly but gently until well mixed. Grease your muffin rings or gem pans, fill half full with the batter emphatically of her baking, largely depends and bake in a quick oven for twenty min-

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sagging in of the cheeks where teeth are missing. Massage for the face is like exerrilliant talk and resonant phrases, but I cise for the rest of the body, and if used fished in vain for an idea. It was a fine | for the purpose of toning up the muscles it performance, with a single actor and the is beneficial. The general direction of the pulpit for stage. I expressed my pleasure | strokes on the face should be upward and in the performance and disappointment in outward, in order to lift up and strengthen | C. ANESHAENSEL & CO. the falling muscles.

A BASKET LIBRARY.

Novel Plan of Circulating Books Tried

at Northampton.

A free public library in a basket is something new in the library line, but it has been tried in two or three places and has worked successfully. The town of Northampton, Mass., has the distinction of cir culating more books through its public library than almost any similar institution in the United States in proportion to popuof to-day must win his or her laurels on lation, and the basket library has proved one of several elements in achieving this

Two young women connected with the library, enthusiasts in their work, under the direction of the librarian, went out into the suburbs with a basket of books one fine day in the summer and plumped themselves down by the wayside near a large mill. When the workmen came out and passed by on their way to their homes the young What most impresses the impartial ob- | women explained to them that they could take any of the books along with them if they signed the necessary papers, which would make them liable in case the books

were damaged or destroyed. The workmen became interested and soon the young women found they had plenty of trip two or three times a week, and little by little the workmen got to look for them. On the days appointed a library janitor would hustle the book basket on the front put it off for them. Right where they stopped the young women opened shop. Each day they would receive many books returned by the workmen and would lend them others. Usually they brought out with wish to read. Sooner or later a small branch library will probably take the place of the near New York, in speaking of the basket

"The fact of it is the library has got to

"It must be ever alert to convince the to be too dignified and sit in its silent halls in solitary state waiting for the people to come to it, as was once the custom. All that is passed. The library must go to the

Pettigrew the Prosperous.

"How are you coming on now?" asked a strong solution of salsoda. To each pint of friend of ex-Senator Pettigrew, who is here equal the bulk of a hen's egg, heat it and sorption of the Burlington line and has apply while warm. If the varnish surface | since largely added to his fortune by oil "Oh," said Mr. Pettigrew, "I found that

You Passed My Door. You passed my door to-day-although You would not have me think it so: Unheralded by ear and eye.

Unseen, unheard, I knew you nigh As Springtide knows when blossoms grow. A fancy? Nay, I only know Love whispered 'tween a smile and sigh,

The little one you love goes by-You passed my door. Dear, were your footsteps fast or slow?

One look or none did you bestow? I wonder if you care that I Waited and listened wistfully, When, carelessly as strangers go, You passed my door. -Theodosia Garrison, in the April Era.



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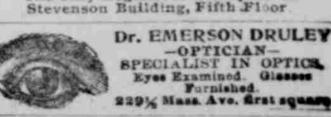
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